

LEVEL	COMPETITION	DETAILS	ENTRY
CLUB	CLUB CHAMPIONSHIPS	Held at end of each season Age and Open events Points scored add to age championship total. Trophies presented on Presentation Night	Recommended for all swimmers Use Entry Card Closing date rules apply
	TIME TRIALS	Held on Saturdays mornings every 4-6 weeks depending on other competition commitments Swum under competition conditions PBs rewarded with Medal Hot Breakfast on completion of Trials	Recommended for all swimmers. Run during normal training session 7.30 - 9.00 am
SCHOOL	PRIMARY SCHOOL CHAMPIONSHIPS	Primary school students only Age group events - 9/10, 11 and 12/13yrs Must progress through District, Zone, Regional trials (Feb-Mar) Finals in April at MSAC Conducted by Victorian Primary Schools Sports Association Victorian representative team selected from results for Aust. Primary Schools C'ships	Enter via schools only Closing date applies Schools submit entries on special entry forms Team selected by Victorian Primary Schools Sports Assoc. (VPSSA)
	ALL SCHOOLS CHAMPIONSHIPS	Secondary school students only Held annually in April at MSAC Age group events - 12/13yrs to 17/0 Conducted by Swimming Victorian Victorian representative team selected from results for Aust. Secondary Schools C'ships	Teams selected by School Sports Assoc.'s based on results from nominated meets
	ALL SCHOOLS RELAYS	Secondary school students only Held annually in April at MSAC Relays only Conducted by Swimming Victorian	Enter via schools only Closing date applies Schools submit entries on special entry forms
	PACIFIC SCHOOL GAMES	The Primary and Secondary schools combine every four years into a Victorian team to compete in these international Games. Students from over 40 countries come together to compete in swimming, diving, athletics and gymnastics. A different Australian Capital city hosts the Games each time	Teams selected by School Sports Assoc.'s based on results from nominated meets

METRO NORTH DISTRICT	AGGREGATES	Three Sunday Night Team Competitions for all Age groups Compete against 6-8 other Metro North Clubs Points scored in each event go toward team score for the Club.	Team is compiled by Aggregates team Manager. You will be notified if required to compete
	ENCOURAGEMENT MEETS	Run on various dates for all age groups, 7-10 and 11 and over Medals and Ribbons to 10 th Place	All swimmers encouraged Closing date applies Entries via Meet Manager / Kim Arrowsmith
	ALL JUNIORS	Metro North Eliminations held annually in February 50m events only Age group events - 8/U, and 9 to 14 yrs Top 10 to Semi-finals and Finals in March	All swimmers encouraged Medalists from State Championships and State Sprints excluded Closing date applies Entries via Meet Manager / Kim Arrowsmith Semi-finalists notified
	OTHER MEETS	Scratch meets, Time Trials, Age and Open Championships etc as advertised on Metro North website	All swimmers encouraged Closing date applies Entries via Meet Manager / Kim Arrowsmith
	PROFICIENCY AWARDS	Held in April and November. Swim for proficiency and time in each stroke Awards granted according to time level swum, Six levels Range from Bronze to Gold Bar	Recommended for all swimmers See Kim Arrowsmith for entry details
SWIMMING VICTORIA STATE MEETS	VICTORIAN CHAMPIONSHIPS SHORT COURSE	Held annually in Aug-Sept Short course = 25m pool length Age group and Open events - 11/U, 12yrs and Open - 13 to 17yrs Time trials (no finals)	State Qualifying times from recognized meets only apply Convert times to 25m pool length Closing date applies Use GREEN Entry Card
	VICTORIAN CHAMPIONSHIPS LONG COURSE	Held annually in early January Age group and Open events - 11/U, 12yrs and Open - 13 to 17yrs and 18/Over Heats and Finals (+ semi-finals in Open events only)	State Qualifying times from recognized meets only apply Closing date applies Use GREEN Entry Card
AUSTRALIAN SWIMMING NATIONAL MEETS	AUSTRALIAN AGE CHAMPIONSHIPS	Held annually (usually in April) Different Capital city each year Age group events - 13/U, 14 to 18yrs Heats and Finals	National Qualifying times from recognized meets only apply Closing date applies Use ASI Multi-Entry Card Entries submitted via Swimming Victoria
	AUSTRALIAN OPEN CHAMPIONSHIPS	Held annually (month varies) Different Capital city each year Open events only Heats, Semi-finals and Finals	National Qualifying times from recognized meets only apply Closing date applies Use ASI Multi-Entry Card Entries submitted via Swimming Victoria
	AUSTRALIAN SHORT COURSE CHAMPIONSHIPS	Held annually (month varies) Different Capital city each year Short course = 25m pool length Open events/ Heats, Semi-finals and Finals only	As for Age Nationals Convert times to 25m pool length